

### Sephra Waffle Mix 4X3kg Bag

**INGREDIENTS** WHEAT flour (with calcium, iron, niacin, thiamin), sugar, dextrose, raising agents (E450, E501, E341), vegetable oils (palm, rapeseed), SOYA flour, skimmed MILK powder, salt, emulsifier (E471), whole EGG powder, flavouring.

Vegetarian?	Suitable
Vegan?	Unsuitable
Coeliac?	Unsuitable

Lactose	1.07%	
Sulphur Dioxide	0ppm	Absent
Benzoates	0ppm	Absent
BHA/BHT	0ppm	Absent
Glutamates	0.00%	

(Absence has been defined as follows  
SO<sub>2</sub> & Benzoate <10mg/kg, and BHA/BHT<1mg/kg  
Lactose and Glutamates<0.005%)

Milk and Derivatives:	Present
Eggs and Derivatives	Present
Meat and Derivatives	Absent
Fish, Crustaceans and Molluscs	Absent
Gluten Related Cereals & Derivatives	Present
Gluten	Present
Maize and Derivatives	*Present
Soya and Derivatives	*Present
Lupins and Derivatives	Absent
Peanuts and Derivatives	Absent
Nuts and Derivatives	Absent
Mustard and Derivatives	Absent
Sesame and Derivatives	Absent
Celery and Derivatives	Absent
Azo and Coal Tar Dyes	Absent
Irradiated Material	Absent

# If traces are shown, these may arise as carryover from products containing them made on the same equipment.

#### \*Genetic Modification:

The following information is given to clarify the status of this product with respect to Council Regulations (EC) No 1829/2003 and 1830/2003. Under these regulations ingredients from GM sources of soya and maize must be identified on labelling whether or not there is any detectable GM protein or DNA in the ingredient. These regulations supersede previous regulations which did not require declaration if no GM protein or DNA was present.

**Soya:** The Soya derivatives in this pack are not derived from Genetically modified sources.

**Maize** The Maize derivatives in this pack are not derived from Genetically modified sources.

### NUTRITION INFORMATION

#### TYPICAL VALUES Per 100 grams

Energy 1,632kJ/386 kCal

Fat	6.2g
- of which saturates	2.2g
- of which mono-unsaturates	0.4g
- of which polyunsaturates	1.0g
Carbohydrates	73.8g
- of which sugars	24.1g
Fibre	2.8g
Protein	7.4g
Salt	2.6g

Trans Fatty Acids	0.0g
Total Polyols:	0.0g
Total Water:	7.8g
Sodium (mg):	1,012.7